



Dear Professional Caregiver,

Thank you for your continued dedication to our clients! Senior Solutions is proud of how our team brings quality care to the homes of our clients every day—even with the concern our country faces with a growing number of COVID-19 (coronavirus) cases. You are our company's most important asset, so it's important that we protect you and our clients! Along with regular safety and hygiene protocols, please follow these healthy practices:

- If you have a fever or exhibit other signs and symptoms of a virus ([click here to read how your symptoms compare](#)), please call your Service Supervisor so that they can remove you from upcoming shifts!
- If you have recently travelled or spent time with other people who have flu-like symptoms, track your own health and take extra precautions.
- Wash your hands well! Wash all sides of your hands, between your fingers, and past your wrists. Hand sanitizer is okay when you're in a rush, but soap and water work best. Wash your hands for at least 20 seconds and dry them all the way!
- Cover your mouth with a sleeve or tissue when you cough and sneeze.
- Don't touch your eyes, nose, or mouth with unwashed hands.
- Check the glove supply in all clients' homes! Disinfect and clean their homes whenever possible.
- Talk to your clients and their families to see how they feel and how we can best help. Tell your Service Supervisor if a client is experiencing flu-like symptoms.

It is important that we remain dependable for our clients and their families, so if you are healthy or simply experiencing allergy symptoms, please continue to attend your shifts! However, if you have virus symptoms, we certainly do not want you to risk your health or the health of our more fragile, elderly clients. Main point: please communicate with your Service Supervisor so we can best help you and your clients to remain happy and healthy! Your Service Supervisor may have more updates for you in the next few days.

Thank you,

The Senior Solutions Team